

Adam Milford: Theatre Practitioner

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- Formal Training:**
- The Academy Drama School: Company Course, 2000
 - University College Scarborough: BA Honour's Degree - Theatre Studies & English Literature, 1998
 - ARTTS International, York: Professional Acting Summer School, 1997
 - Penistone Grammar School: GCSE x 9 & A-level x 4, 1995

Further Training: Frantic Assembly, Forced Entertainment, Compass Theatre, Stomp, The RSC, 1157 Performance Group, Complicite, Fecund Theatre, John Wright, Glenn Walford.

Special Interests: Acting, Directing, Producing, Devising & Physical Theatre, Workshops, Movement, Mask, Skin Work, Shakespeare, Improvisation, Stage And Screen Combat (BASSC Certificate: unarmed, rapier, rapier & dagger), Full Clean Driving License, Stanislavsky, Artaud, Brecht.

- Professional Experience:**
- Acting: Stage, Voice Over, Film - Please see Acting CV for credits or www.adammilford.com
 - Devising/Directing: Theatre including Physical, Issue-based and Forum theatre with professional & student casts
 - Workshop Leader: Students, Adults & Corporate Groups for education, recreation or business
 - Producer: English Theatre in Venice

Credits:

Company	Role	Project	Description
Theatre Workout Ltd	Director	West End Workshops Theatre Parties Business Workout	Founder and Director of Theatre Workout Ltd, specialist in creating bespoke theatre events for school, adult and corporate clients. Visit www.theatreworkout.com for full details.
Play Days	Director	Ongoing	Director of Play Days, a children's play centre in Basingstoke.
Disney Theatrical Productions	Workshop creator & Leader	Theatre Workout Ltd: West End Workshops	Creation and delivery of educational workshops focused on physical theatre techniques used in the Disney's <i>The Lion King</i> , licensed by Walt Disney Productions to Theatre Workout Ltd.
Michael McCabe Productions	Workshop creator & Leader	Theatre Workout Ltd: West End Workshops	Creation and delivery of educational workshops for <i>Wicked – the Musical</i> focused on the shows social themes, characters combined with acting and performance technique.
English Theatre In Venice	Actor/Producer/ Co-Director	Theatre Workout Productions	Establishment of The English Theatre In Venice in 2007 with a production of Shakespeare's <i>Much Ado About Nothing</i> , running for five weeks at the Teatro Fondamenta Nuove, Venice.
See Tickets	Account Executive		Ticketing and Box Office Management – 6 years experience
Kevin Wallace Productions	Workshop creator & Leader	Theatre Workout Ltd: West End Workshops	Creation and delivery of educational workshops focused on physical theatre techniques used in the West End production of <i>The Lord of the Rings</i> .
Really Useful Theatres	Workshop creator & Leader	Theatre Workout Ltd: West End Workshops	Creation and delivery of educational workshops focused on physical theatre techniques used in the West End productions of <i>The Sound of Music</i> and <i>Joseph</i> .
Stage Entertainment	Workshop creator & Leader	Theatre Workout Ltd: West End Workshops	Creation and delivery of educational workshops focused on physical theatre techniques used in the West End productions of <i>Hairspray</i> and <i>Sister Act</i> .
Novel Theatre	Workshop creator & Leader	Theatre Workout Ltd: West End Workshops	Creation and delivery of educational workshops focused on physical theatre techniques used in the West End productions of <i>Carries War</i> .
Rose Theatre, Kingston	Theatre Practitioner	Thumbs Up Its Thursday	Responsible for delivering a five week programme of activities for children as part of Kingston's summer activities in 2008-9
Henrietta Barnet School	Theatre Practitioner/ Director	Shakespeare Residency	Working with year 7-9 students on performances of <i>A Midsummer Nights Dream</i> , <i>Romeo & Juliet</i> and <i>Much Ado About Nothing</i>

Theatre Workout Academy	Theatre Practitioner & Workshop Leader	Mycenae House, Blackheath	Working with children aged 5+ on week-long programmes working towards a performance at the end of each week. Shows include Peter Pan & Sound of Music.
Theatre Adad	Actor & Workshop Leader	UK Tour	Drug education production Wasted , aimed at students aged 10-16 years
In The Ruins, Road and Marat/Sade	Actor/Director/Producer	University College Scarborough (UCS) Studio	University Dissertation production: One-man show featuring three speeches exploring the concept of male madness in theatre, inspired by the work of Antonin Artaud, Brecht & Peter Brook.
A Spurt of Blood	Performer/Co-Director	UCS Studio	Student productions of Artaud's A Spurt of Blood featuring an ensemble cast.
Women Alone	Director & co-writer	Dennis Potter Theatre, UCS	One of three solo performances for women, based on a play by Sarah Douglas
Workshops/FOH/Box Office	Local Organiser	National Student Drama Festival	Part of the local organisation team in Scarborough over four years for the NSDF, working directly with the festival management, performing companies, production teams and venues including the Stephen Joseph Theatre

Additional Information:

- Professional experience as a producer of theatre both in the UK and Europe
- Professional directing experience
- Experienced working with children aged 5 – 50 years!
- Full and enhanced CRB certificate
- Experienced working with both professional and non-professional groups including student groups of all ages
- Theatre In Education